

Wellbeing Policy and Framework Scan 2026

Purpose

This policy scan is a collation of key documents that relate and align to the Wellbeing priority for the Loddon Mallee Public Health Unit.

The policies and framework have been assessed in relation to the LMPHU Population Health Plan wellbeing goals.

Goal 1

Embed respect and inclusion in communities and settings to increase cultural safety, connection and belonging.

Goal 2

Promote relationships that reduce adversity and enhance wellbeing within individuals, families, communities and settings.

Goal 3

Foster mental health and wellbeing awareness and acceptance where all people feel safe and supported.

How to read the scan

Each policy or framework is summarised using four markers



PRIORITY POPULATION

Who the policy particularly focuses on



AREA

International, National, State or Loddon Mallee



DATE

The policy or framework period



GOAL ALIGNMENT

Which of our three mental wellbeing goals it supports

Key policies and frameworks examined include:

International

- United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP)

National

- Mental Health Promotion Competency Framework
- Vision 2030: Blueprint for Mental Health and Suicide Prevention (Vision 2030)
- National Mental Health Workforce Strategy 2022–2032
- Mind Australia Strategic Plan 2026-2030
- Gayaa Dhuwi (Proud Spirit) Declaration Framework and Implementation Plan
- National Anti-Racism Framework
- headspace strategy 2025–2028
- Lived experience governance framework (2024)
- Lived experience workforce guidelines
- National Action Plan for the Health and Wellbeing of LGBTIQ+ People

State

- Our promise, Your future: Victoria's Youth Strategy 2022-2027
- Mental Health and Wellbeing Outcomes and Performance Framework
- Victorian Mentally Healthy Workplaces Framework
- Our equal state: Victoria's gender equality strategy and action plan 2023–2027
- Victorian public health and wellbeing plan 2023–27
- Anti-racism action plan 2024 to 2027
- Victorian eating disorders strategy
- Victorian suicide prevention and response strategy
- The Community Health - Health Promotion Program 2025-2029
- Wellbeing in Victoria: a strategy to promote good mental health
- Victorian Alcohol and Other Drugs Strategy 2025-35
- Disability action plan 2026–2029
- Diverse Communities Mental Health and Wellbeing Framework and Blueprint
- Royal Commission into Victoria's Mental Health System
- Korin Korin Balit-Djak
- Balit Murrup - Aboriginal social and emotional wellbeing framework 2017–2027
- Pride in our future: Victoria's LGBTIQ+ strategy 2022–32
- Mental health lived experience engagement framework
- Multicultural health action plan 2023–27
- Victorian Autism Plan
- Suicide prevention and response strategy 2024-2034

Loddon Mallee

- Murray Primary Health Network 2026-2029 Strategic Plan
- Bendigo Health Strategic Plan
- Women's Health Loddon Mallee Her Health Matters

POLICY FRAMEWORK TITLE

United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP)

AGENCY

United Nations



PRIORITY POPULATION
FIRST NATIONS



AREA
INTERNATIONAL



DATE
2009



GOAL ALIGNMENT
1

Provides a universal framework of minimum standards to recognise, protect, and promote Indigenous peoples' rights, including self-determination, autonomy, cultural identity, equality, participation, and rights to land and resources. It supports respectful and cooperative relationships between states and Indigenous peoples and serves as an important guide for legislation, policy development, and advocacy.

[United Nations Declaration on the Rights of Indigenous Peoples \(UNDRIP\)](#)

POLICY FRAMEWORK TITLE

Mental Health Promotion Competency Framework

AGENCY

Prevention United



PRIORITY POPULATION
ALL



AREA
NATIONAL



DATE
2021-2030



GOAL ALIGNMENT
1, 2, 3

Aims to promote mental wellbeing across the community, prevent the development of mental health conditions, and improve mental health literacy. It supports these goals by strengthening workforce capability through practitioner upskilling, evidence-based guidelines, and best practice approaches. Together, these efforts help build knowledge, confidence, and capacity to deliver effective mental health promotion, prevention, and early intervention activities.

[Mental Health Promotion Competency Framework](#)

POLICY FRAMEWORK TITLE

Vision 2030: Blueprint for Mental Health and Suicide Prevention (Vision 2030)

AGENCY

National Mental Health Commission



PRIORITY POPULATION
ALL



AREA
NATIONAL



DATE
2020- 2030



GOAL ALIGNMENT
3

Promotes mental wellbeing across all stages of life by reducing stigma, providing accessible and evidence-based mental health and suicide prevention services, and empowering individuals and communities to shape the care they receive. It adopts a holistic approach that recognises the influence of social, cultural, physical, and economic factors on mental health, emphasising prevention, integrated care, and continuous improvement to achieve better long-term wellbeing outcomes for all.

[Vision 2030: Blueprint for Mental Health and Suicide Prevention \(Vision 2030\)](#)

POLICY FRAMEWORK TITLE

National Mental Health Workforce Strategy 2022–2032

AGENCY

Department of Health, Disability and AgeingPRIORITY POPULATION
ALLAREA
NATIONALDATE
2022- 2032GOAL ALIGNMENT
1, 2, 3

Aims to build a skilled, adaptable, and sustainable mental health workforce that can meet the diverse needs of communities across Australia. It focuses on improving workforce distribution across urban, regional, and remote areas, supporting workforce wellbeing and retention, and leveraging digital and data-driven approaches to strengthen service planning and delivery. Ultimately, it seeks to ensure high-quality, person-centred mental health care that can respond effectively to current and future challenges.

[National Mental Health Workforce Strategy 2022–2032](#)

POLICY FRAMEWORK TITLE

Our Strategic Plan 2026-2030

AGENCY

MIND AustraliaPRIORITY POPULATION
ALLAREA
NATIONALDATE
2026- 2030GOAL ALIGNMENT
3

Strategy main actions: Improve service access and integration by making mental health, housing, advocacy and community supports easier to navigate and better connected, particularly for people with complex needs. Influence system reform through advocacy, research and lived experience leadership to improve policies, funding and service design across the mental health sector. Develop and scale new service models through innovation, partnerships and digital approaches that increase reach and respond to changing community needs. Emphasis on people with lived and living experience of mental ill-health, First Nations peoples and communities, those with complex and enduring mental health challenges, and/or experiencing social disadvantage and barriers to accessing care, whose expertise is intended to inform service design, delivery, organisational decision-making and advocacy.

[Our Strategic Plan 2026-2030](#)

POLICY FRAMEWORK TITLE

Gayaa Dhuwi (Proud Spirit) Declaration Framework and Implementation Plan

AGENCY

Department of Health, Disability and AgeingPRIORITY POPULATION
FIRST NATIONSAREA
NATIONALDATE
2025GOAL ALIGNMENT
1

Goal to improve the social and emotional wellbeing of Aboriginal and Torres Strait Islander peoples by embedding cultural knowledge, healing practices, and community strengths within mental health services. It promotes culturally safe, evidence-based, and community-led care, drawing on both cultural and clinical knowledge to guide service delivery and continuous improvement. The framework strengthens Aboriginal and Torres Strait Islander leadership, workforce development, and community-controlled services, while supporting self-determination, shared decision-making, and system-wide reform to reduce mental health and suicide inequities

[Gayaa Dhuwi \(Proud Spirit\) Declaration Framework and Implementation Plan](#)

POLICY FRAMEWORK TITLE

National Anti-Racism Framework

AGENCY

Australian Human Rights Commission



PRIORITY POPULATION
MULTICULTURAL



AREA
NATIONAL



DATE
2024



GOAL ALIGNMENT
1

Presents 63 recommendations that promote a whole-of-society approach to addressing systemic racism and creating a more equitable and inclusive society. The recommendations span multiple sectors, including legal and justice systems, healthcare, education, workplaces, media and the arts, and data collection, recognising that coordinated action across these areas is needed to achieve meaningful and lasting change.

[National Anti-Racism Framework](#)

POLICY FRAMEWORK TITLE

headspace strategy 2025–2028

AGENCY

Headspace



PRIORITY POPULATION
YOUTH



AREA
NATIONAL



DATE
2025- 2028



GOAL ALIGNMENT
2, 3

Focused on prevention, early intervention, culturally safe care, youth participation, and improving access to integrated support for young people experiencing mental health challenges. Key actions include increasing prevention and early intervention efforts by building the capacity of young people, families and communities, providing holistic and accessible services that address mental health, and using partnerships and digital delivery to increase reach. Priority populations are 12-25 years young people especially those from CARM communities, LGBTIQ+, and those in underserved locations, First Nations, families and carers.

[headspace strategy 2025–2028](#)

POLICY FRAMEWORK TITLE

Lived Experience Governance Framework

AGENCY

MIND Australia



PRIORITY POPULATION
LIVED EXPERIENCE



AREA
NATIONAL



DATE
2024



GOAL ALIGNMENT
1

Establishes how lived experience expertise informs decision-making across Mind's services. For service providers and stakeholders, the framework creates an expectation that lived experience involvement is integrated into routine practice rather than undertaken as a standalone consultation activity. MIND Services will be required to demonstrate how lived experience perspectives have informed decisions, priorities, and service improvements. Priority communities are Aboriginal and Torres Strait Islander peoples, culturally and linguistically diverse communities, LGBTIQ+ communities, young people, older people, people with disability, carers and families, people experiencing socioeconomic disadvantage, and people living in regional, rural, and remote communities.

[Lived Experience Governance Framework](#)

POLICY FRAMEWORK TITLE

Lived Experience Workforce Guidelines

AGENCY

Australian Government National Mental Health Commission



PRIORITY POPULATION
LIVED EXPERIENCE



AREA
NATIONAL



DATE
2023



GOAL ALIGNMENT
1

A series of guidelines and companion documents that provide direction for the recruitment, development, support, and integration of lived experience roles within mental health services. Establishes a consistent approach to recognising lived experience as a distinct form of expertise that contributes to service quality, recovery-oriented practice, and improved outcomes for consumers, families, carers, and communities. Supports services to embed lived experience perspectives across service delivery, program design, quality improvement, and organisational governance, and provide a framework for balancing the lived experience workers with appropriate wellbeing supports and professional boundaries.

[Lived Experience Workforce Guidelines](#)

POLICY FRAMEWORK TITLE

National Action Plan for the Health and Wellbeing of LGBTIQA+ People

AGENCY

Department of Health and Aged Care



PRIORITY POPULATION
LGBTIQA+



AREA
NATIONAL



DATE
2025- 2035



GOAL ALIGNMENT
1

Outlines vision for healthcare system that is inclusive, accessible, and safe. Where LGBTIQA+ people have access to early intervention care, preventive treatment and information including reference to workforce needs. This Action Plan provides a pathway for government to work in partnership with LGBTIQA+ communities to drive real change and chart a course to better health and wellbeing outcomes.

[National Action Plan for the Health and Wellbeing of LGBTIQA+ People](#)

POLICY FRAMEWORK TITLE

Our promise, Your future: Victoria's Youth Strategy 2022-2027

AGENCY

Department of Families, Fairness and Housing



PRIORITY POPULATION
YOUTH



AREA
STATE



DATE
2022- 2027



GOAL ALIGNMENT
3

Prioritises ensuring young people can access education, employment, housing, mental health, and community support services, while increasing their participation in decisions that affect their lives. The strategy places particular emphasis on young people facing additional barriers, including Aboriginal young people, multicultural young people, LGBTIQA+ young people, young people with disability, those living in rural and regional areas, and young people experiencing disadvantage. It guides the work of government, youth services, education providers, health services, and community organisations, and includes ongoing monitoring

[Our promise, Your future: Victoria's Youth Strategy 2022-2027](#)

POLICY FRAMEWORK TITLE

Mental Health and Wellbeing Outcomes and Performance Framework

AGENCY

Department of Health



PRIORITY POPULATION
ALL



AREA
STATE



DATE
2024



GOAL ALIGNMENT
3

Provides a comprehensive approach to measuring and improving the performance of Victoria's mental health and wellbeing system. Focused on outcomes for people, families, carers, and communities, it supports the delivery of high-quality, inclusive, person-centred, and compassionate care. The framework is built around four key domains: community outcomes, services, workforce, and system stewardship, and incorporates lived experience perspectives alongside expert advice.

[Mental Health and Wellbeing Outcomes and Performance Framework](#)

POLICY FRAMEWORK TITLE

Victorian Mentally Healthy Workplaces Framework

AGENCY

Department of Premier and Cabinet



PRIORITY POPULATION
ALL



AREA
STATE



DATE
2026



GOAL ALIGNMENT
1, 2, 3

Supports workplaces to promote and protect mental health and wellbeing. It provides guidance on developing mental health and wellbeing strategies, supporting recovery at work, and managing mental health considerations across different types of employment, including casual and insecure work. The framework is based on six key areas: leadership and accountability, culture, policies and practices, education and capability, inclusion, and risk prevention. It also includes practical tools and resources to help organisations identify and manage work-related psychosocial risks and aligns with existing guidance from WorkSafe Victoria, the National Workplace Initiative, and Business Victoria.

[Victorian Mentally Healthy Workplaces Framework](#)

POLICY FRAMEWORK TITLE

Our equal state: Victoria's gender equality strategy and action plan 2023–2027

AGENCY

Victorian State Government



PRIORITY POPULATION
WOMEN



AREA
STATE



DATE
2023-2027



GOAL ALIGNMENT
1, 2, 3

Victoria's roadmap for advancing gender equality through coordinated action across government, workplaces, and communities. The strategy addresses structural barriers and harmful gender norms while recognising the diverse experiences of women, girls, and gender-diverse people. It focuses on cultural change, health and wellbeing, safety and respect, economic equity, and public sector leadership to create more inclusive, safe, and equitable outcomes for all Victorians.

[Our equal state: Victoria's gender equality strategy and action plan 2023–2027](#)

POLICY FRAMEWORK TITLE

Victorian public health and wellbeing plan 2023–27

AGENCY

Department of Health



PRIORITY POPULATION
ALL



AREA
STATE



DATE
2023-2027



GOAL ALIGNMENT
1, 2, 3

Key focus areas include mental wellbeing, alcohol and other drug harm, violence prevention, sexual and reproductive health, healthy eating, active living, and climate-related health impacts. The plan prioritises populations experiencing poorer health outcomes and barriers to care, including Aboriginal people, culturally and linguistically diverse communities, and people experiencing disadvantage. It guides action across government, health services, community health services, and local government to improve health equity and wellbeing outcomes

[Victorian public health and wellbeing plan 2023–27](#)

POLICY FRAMEWORK TITLE

Anti-racism action plan 2024 to 2027

AGENCY

Victorian State Government



PRIORITY POPULATION
ALL



AREA
STATE



DATE
2024- 2027



GOAL ALIGNMENT
1, 2

A Victorian Government initiative aimed at eliminating racism and fostering a more inclusive, culturally safe, and equitable workplace. Focusing on addressing systemic racism embedded within policies, practices, and institutions, the plan seeks to ensure that services, programs, and workplaces are respectful, inclusive, and psychologically safe for all staff and communities. Informed by research, workforce data, and stakeholder consultation, including with Aboriginal staff, the plan supports action to address historical and ongoing inequities experienced by First Nations peoples while promoting fairness, inclusion, and anti-discriminatory practices across the organisation.

[Anti-racism action plan 2024 to 2027](#)

POLICY FRAMEWORK TITLE

Victorian eating disorders strategy

AGENCY

Victorian State Government



PRIORITY POPULATION
ALL



AREA
STATE



DATE
2024-2031



GOAL ALIGNMENT
2, 3

Aims to reduce the growing prevalence of eating disorders in Victoria through prevention, early intervention, recovery support, and system improvement. It focuses on three key areas: improving wellbeing and recovery supports, advancing research and innovation, and strengthening system-wide coordination. The strategy seeks to ensure people can access connected, evidence-based services when and where they need them, while incorporating the voices and experiences of people with lived experience of eating disorders. Progress will be guided through ongoing implementation plans and evaluated using community feedback, sector input, and emerging evidence.

[Victorian eating disorders strategy](#)

POLICY FRAMEWORK TITLE

Victorian suicide prevention and response strategy

AGENCY

Victorian State Government



PRIORITY POPULATION
ALL



AREA
STATE



DATE
2024-2034



GOAL ALIGNMENT
3

Provides a whole-of-government and community framework to reduce suicide and improve support for those affected. It promotes culturally safe, trauma-informed, and evidence-based approaches, focusing on prevention, aftercare, community engagement, workforce development, research, and system integration. The strategy prioritises groups disproportionately impacted by suicide, including Aboriginal and Torres Strait Islander peoples, LGBTIQ+ communities, young people, men, people with disabilities, multicultural communities, veterans, older adults, and people involved with the justice system.

[Victorian suicide prevention and response strategy.](#)

POLICY FRAMEWORK TITLE

The Community Health - Health Promotion Program 2025-2029

AGENCY

Department of Health



PRIORITY POPULATION
ALL



AREA
STATE



DATE
2025-2029



GOAL ALIGNMENT
1, 3

Funds prevention and health promotion activities that improve health and wellbeing and reduce health inequities. It supports initiatives that promote mental wellbeing, social connection, inclusion, and early intervention. Priority populations include Aboriginal people, culturally and linguistically diverse communities, LGBTIQ+ communities, people with disability, rural and regional communities, and people experiencing socioeconomic disadvantage. Activities are delivered through community health services, women's health services, local government, schools, workplaces, and community organisations.

[The Community Health - Health Promotion Program 2025-2029](#)

POLICY FRAMEWORK TITLE

Wellbeing in Victoria: a strategy to promote good mental health

AGENCY

Department of Health



PRIORITY POPULATION
ALL



AREA
STATE



DATE
2025-2035



GOAL ALIGNMENT
1, 2, 3

This strategy promotes mental wellbeing and prevents mental distress through evidence-based, community-focused approaches that address social and health inequities. It emphasises culturally safe practices, self-determination, and collaboration with communities to co-design solutions that strengthen social connection and wellbeing. By embedding mental health considerations across government policies and sectors, it aims to improve mental health outcomes, support recovery, and create a coordinated, whole-of-community response for all Victorians.

[Wellbeing in Victoria: a strategy to promote good mental health](#)

POLICY FRAMEWORK TITLE

Victorian Alcohol and Other Drugs Strategy 2025-35

AGENCY

Department of Health



PRIORITY POPULATION
AOD



AREA
STATE



DATE
2025-2035



GOAL ALIGNMENT
1, 3

Outlines a health-led approach to reducing alcohol and other drug (AOD) related harm by improving health, mental health, and wellbeing outcomes. It focuses on increasing access to information and support, strengthening harm reduction and treatment services, promoting culturally safe care for Aboriginal communities, encouraging innovation, and improving coordination across health, mental health, housing, and justice sectors. Supported by investment in workforce development, education, stakeholder engagement, and evidence-based practice.

[Victorian Alcohol and Other Drugs Strategy 2025-35](#)

POLICY FRAMEWORK TITLE

Disability action plan 2026–2029

AGENCY

Department of Families, Fairness and Housing



PRIORITY POPULATION
DISABILITY



AREA
STATE



DATE
2026-2029



GOAL ALIGNMENT
1

Outlines actions for improving inclusion, accessibility, and participation for people with disability. It focuses on making services, workplaces, and community programs more accessible, strengthening opportunities for employment and engagement, and building organisational capability to support people with disability. The plan includes ongoing monitoring and stakeholder engagement and aligns with state and federal disability legislation and policy frameworks.

[Disability action plan 2026–2029](#)

POLICY FRAMEWORK TITLE

Diverse Communities Mental Health and Wellbeing Framework and Blueprint

AGENCY

Department of Health



PRIORITY POPULATION
DIVERSE
COMMUNITIES



AREA
STATE



DATE
2025-2028



GOAL ALIGNMENT
1

Aims to improve mental health and wellbeing outcomes for LGBTIQ+ people, multicultural and multifaith communities, and people with disability by promoting a more inclusive, equitable, and culturally responsive mental health system. Focuses on reducing stigma and discrimination, strengthening partnerships with community-led organisations, and building the capability of services to meet diverse needs. The accompanying Blueprint for Action provides practical guidance and implementation activities to help services embed diversity, equity, and inclusion, supported by targeted funding, community programs, and improved data collection.

[Diverse Communities Mental Health and Wellbeing Framework and Blueprint](#)

POLICY FRAMEWORK TITLE

Royal Commission into Victoria's Mental Health System

AGENCY

Victorian State Government



PRIORITY POPULATION
ALL



AREA
STATE



DATE
2021



GOAL ALIGNMENT
1, 2, 3

Recommended a 10-year program focused on creating a more integrated, person-centred mental health and wellbeing system. It includes expanded local and area-based mental health services, youth and family supports, 24/7 crisis response services, and community safe spaces. The reforms strengthen governance and accountability through dedicated oversight bodies, embed lived experience in service design and delivery, promote equity and cultural safety, and invest in workforce development. Legislative changes support a rights-based, trauma-informed approach that prioritises prevention and early intervention, while greater integration across health, housing, disability, and community services aims to improve outcomes and system coordination.

[Royal Commission into Victoria's Mental Health System](#)

POLICY FRAMEWORK TITLE

Korin Korin Balit-Djak

AGENCY

Department of Families, Fairness and Housing



PRIORITY POPULATION
FIRST NATIONS



AREA
STATE



DATE
2017-2027



GOAL ALIGNMENT
1

Victoria's long-term Aboriginal health, wellbeing, and safety plan, which aims to improve outcomes for Aboriginal Victorians through self-determination, cultural strength, and system reform. It focuses on strengthening Aboriginal leadership, supporting culture and community connections, creating culturally safe health and human services, building safe and strong families, and promoting holistic physical, social, and emotional wellbeing. The plan adopts a strengths-based, community-led approach to address health inequities, reduce systemic racism, and improve wellbeing while reinforcing Aboriginal governance, cultural identity, and community empowerment.

[Korin Korin Balit-Djak](#)

POLICY FRAMEWORK TITLE

Balit Murrup - Aboriginal social and emotional wellbeing framework 2017–2027

AGENCY

Department of Health



PRIORITY POPULATION
FIRST NATIONS



AREA
STATE



DATE
2017-2027



GOAL ALIGNMENT
1, 2

Supports the social and emotional wellbeing of Aboriginal people through a holistic approach that recognises the importance of culture, family, community, connection to Country, spirituality, mental health, and physical health. It promotes culturally safe and trauma-informed services, healing from intergenerational trauma, a stronger Aboriginal workforce, and better coordination between services. The framework supports Aboriginal self-determination and community-led solutions to improve wellbeing outcomes.

[Balit Murrup - Aboriginal social and emotional wellbeing framework 2017–2027](#)

POLICY FRAMEWORK TITLE

Pride in our future: Victoria's LGBTIQ+ strategy 2022–32

AGENCY

Department of Families, Fairness and Housing



PRIORITY POPULATION
LGBTIQ+



AREA
STATE



DATE
2022- 2032



GOAL ALIGNMENT
1

Long-term plan to improve inclusion, safety, and wellbeing for LGBTIQ+ people. It focuses on strengthening rights and protections, improving access to inclusive services, increasing understanding of LGBTIQ+ experiences through better data, and supporting strong and connected communities. The strategy includes investment in community support, training, and anti-discrimination initiatives, with ongoing monitoring to track progress over the next decade.

[Pride in our future: Victoria's LGBTIQ+ strategy 2022–32](#)

POLICY FRAMEWORK TITLE

Mental health lived experience engagement framework

AGENCY

Department of Health



PRIORITY POPULATION
LIVED EXPERIENCE



AREA
STATE



DATE
2021



GOAL ALIGNMENT
1, 2, 3

Supports the involvement of people with lived experience of mental ill-health, and their families, carers, and supporters, in the design, delivery, evaluation, and improvement of mental health policies and services. It promotes co-design and shared decision-making to ensure services are informed by lived experience and better meet community needs

[Mental health lived experience engagement framework](#)

POLICY FRAMEWORK TITLE

Multicultural health action plan 2023–27

AGENCY

Department of Health and Human Services



PRIORITY POPULATION
MULTICULTURAL



AREA
STATE



DATE
2023- 2027



GOAL ALIGNMENT
1, 2, 3

Focuses on ensuring health services are culturally safe, accessible, and responsive; improving communication and language support; strengthening community engagement and lived experience participation; building workforce cultural capability; and using data and evidence to improve service planning and delivery. The plan includes actions across the health system and is supported by ongoing monitoring and reporting

[Multicultural health action plan 2023–27](#)

POLICY FRAMEWORK TITLE

Victorian Autism Plan

AGENCY

Department of Health and Human Services



PRIORITY POPULATION
NEURODIVERSITY



AREA
STATE



DATE
2023



GOAL ALIGNMENT
1, 3

Focuses on improving access to health and wellbeing services, education, employment, housing, and community participation, while promoting greater understanding and inclusion across Victorian society. The plan includes initiatives that strengthen service access and navigation, support autistic children, young people, and families, improve employment opportunities, increase inclusive community programs, and build autism awareness and capability across government services

[Victorian Autism Plan](#)

POLICY FRAMEWORK TITLE

Suicide prevention and response strategy 2024-2034

AGENCY

Department of Health



PRIORITY POPULATION
ALL



AREA
STATE



DATE
2024- 2034



GOAL ALIGNMENT
3

Focus is on improving access to suicide prevention, crisis, mental health, alcohol and other drug, and community support services, while strengthening coordination between services and reducing stigma. The strategy places particular focus on Aboriginal people, children and young people, LGBTIQA+ communities, culturally diverse communities, people in rural and regional areas, and people experiencing social and economic disadvantage. It is supported by lived experience leadership, cross-sector collaboration, and ongoing evaluation

[Suicide prevention and response strategy](#)

POLICY FRAMEWORK TITLE

2026-2029 Strategic Plan

AGENCY

Murray PHN



PRIORITY POPULATION
ALL



AREA
LODDON MALLEE



DATE
2026- 2029



GOAL ALIGNMENT
3

Improve access to primary healthcare, mental health, and wellbeing services across our catchment. Focuses are prevention and early intervention, integrated care, workforce development, and strengthening service capability. The plan supports collaboration between general practice, community health services, Aboriginal Community Controlled Health Organisations, mental health services, alcohol and other drug services, hospitals, aged care providers, and allied health services. Priority populations: Aboriginal communities, rural and regional communities, older people, culturally and linguistically diverse communities, LGBTQ+ people, and people experiencing mental ill-health, complex health needs, or barriers to accessing care. Emphasis on improving mental wellbeing through accessible primary mental health services, early intervention, community-based care, and stronger links between health and social support services.

[2026-2029 Strategic Plan](#)

POLICY FRAMEWORK TITLE

Bendigo Health Strategic Plan

AGENCY

Bendigo Health



PRIORITY POPULATION
ALL



AREA
LODDON MALLEE



DATE
2026- 2030



GOAL ALIGNMENT
3

Focuses on improving access to connected health and mental health services across the Loddon Mallee region. It prioritises coordinated, community-based care through partnerships between hospital, mental health, primary care, community health, and specialist services. Priority populations include Aboriginal people, rural and regional communities, culturally diverse communities, older people, and people experiencing barriers to care

[Bendigo Health Strategic Plan](#)

POLICY FRAMEWORK TITLE

Her Health Matters

AGENCY

Womens Health Loddon Mallee



PRIORITY POPULATION
WOMEN



AREA
LODDON MALLEE



DATE
2023- 2026



GOAL ALIGNMENT
1

Aims to improve access to information, services, and support for women and gender-diverse people across the Loddon Mallee region. It focuses on improving sexual and reproductive health literacy, increasing access to contraception, pregnancy and reproductive health care, strengthening workforce capability, and reducing barriers experienced by priority populations. The strategy promotes a coordinated approach involving health services, community health organisations, primary care providers, local government, education providers, and community organisations.

[Her Health Matters](#)



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